

## **Institutional Distinctiveness**

### **BOOSTING SOUND MIND PRACTISES FOR THE BETTERMENT OF LEARNERS**

The institution had taken initiatives for developing mental equilibrium of learners. The initiatives were teaching-learning, conducting brain storming activities like quiz competitions, Elocution competitions; problem solving techniques etc. The responsibility in this regard was with the course teachers who are dealing the learners on day to day basis and program coordinators. This process helped to develop mental equilibrium among learners and the same will help to enjoy the life and achieve the goals set.

The institution with an intention of cultivating positivity among learners, conducted certain mental and physical activities through learners initiated committees such as NSS, Skill Development, problem solving and Cultural.

For organizing the above events, committees of learners were formed to make a detailed plan, distribution of tasks among the committee members, initiate the activity and make evaluation of the event after conduction. This helped the learners to think how to plan, , how to coordinate among the co-members, and so on. The outcome of such activities was, the learners were found more understandable and more responsible as compared with the others. Brain storming sessions on the issues of learners were found more useful to both, the learners and the institution. The learners were asked in joint meeting with principal to suggest possible solutions how to minimize the issue of defaulter and what disciplinary action the institution can take against the learners in defaulters list. The institution was able to take proper decision based on their suggestion. When a disciplinary action as per the university rules against defaulters during subsequent year there was very less complains (resistance) from defaulters..

The events like inter collegiate Youth Short Film Festival (YSSF), cultural fest FORZA, were initiated, planned and conducted by the learners under the guidance of teacher. Decision making freedom was given to learners from planning to implantation of event. This helped the learners to boost their self confidence that they can handle the events.

The events initiated by the learners were mainly self-funded, the organizing committee of learners has to estimate the cost of event, they have to raise funds, learner's leaders only spend the resources for the events. This helped them to understand how to eliminate irrelevant expenses during the event and if possible save some resources for the forthcoming events. Thus these practices helped to make financial management

There were some other practices like allowing the deserving and interested learners of PG program to take few classes (lectures) for learners of UG programs in specific courses. This practice helped the learners of both UG and PG programs in boosting their self-confidence.

The learners who were involved in National Service Scheme (NSS) have been doing certain projects like teaching to the children of slum areas, visiting old age homes, organizing health camps in adopted villages etc. These projects were proposed by the learners based on their observations and used their own skills during conducting the above activities which helped them to become more responsible